



DISCOVER YOUR POTENTIAL

A practical guide to growing with confidence, purpose and resilience

"The potential of a thousand forests lies in one acorn."

ACORN TO OAK TREES

Listen | Learn | Grow

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This guide is about you

If you have downloaded this guide, something in you is ready to grow. Perhaps you are a student staring at a syllabus that has stopped making sense. A parent watching a capable young person lose belief in themselves. A professional who looks successful on paper but feels stuck. Or a leader who knows their team is capable of more.

Different stories but underneath, the same questions: Am I capable of this? What is holding me back? And where do I even start?

This short guide will help you answer that last question. Inside, you will find a simple way to identify where you are on your growth journey, the three pathways we offer to support you, and five growth principles you can put into practice today; whether or not we ever work together.

Our conviction is simple: **people do not need to be fixed. They need to be seen, believed in, and given the tools to become who they already have the potential to be.**

Where are you today?

Growth begins with honesty about where you are. Read the statements below and notice which ones sound like you.

If you are a student (or the parent of one)...

- One subject has started to feel impossible, and confidence is slipping with the grades.
- The exam date is getting closer and there is no clear revision plan.
- Homework is avoided, lessons are dreaded, and the words “I’m just not good at this” have been spoken out loud.

If you are a professional or young adult...

- You feel stuck, you know you are capable of more, but unclear what you actually want.
- Low confidence, perfectionism or fear of failure keeps you playing smaller than you are.
- You wish you understood yourself. You hear words like personality, temperament but you just want to understand your wiring, your communication style — well enough to work with it instead of against it.

If you lead others — or want to...

- You have influence or a title, but no clear sense of your own leadership style, strengths and values.
- Your team is full of good people who somehow do not work well together.

- You want to develop the next generation of leaders but lack a proven framework to do it.

If you ticked even one box, you are exactly who this guide is for and the next pages show you the pathway that fits.

Pathway 1: Tutoring - rebuild understanding and confidence together

When a subject stops making sense, students do not just fall behind on content — they start to believe something untrue about themselves. Our personalised online tutoring rebuilds both the understanding and the self-belief.

Subjects we tutor (the list will grow)

- Cambridge IGCSE Biology
- Cambridge IGCSE & AS Level Environmental Management
- IB Diploma Programme: Environmental Systems and Societies (ESS), including the IA
- English as a Foreign Language (EFL) — especially suited to native Dutch speakers

What you can expect

- Tailored one-to-one support, adapted to how your student learns
- Exam preparation, revision strategy and subject-choice guidance
- Complex concepts broken into clear, simple ideas
- Confidence-building and academic mentoring — the whole person, not just the grade

“My daughter looked forward to each lesson because she finally found her love for the subject. If you’re looking for someone who goes beyond, Jenny is it.”

— Nonzi Bogatsu, parent (via SuperProf)

Pathway 2: Coaching - get unstuck and understand yourself

Feeling stuck, doubting yourself or lacking direction are not character flaws. They are signs you are ready to grow and that you have been navigating without a map. Coaching gives you the map.

Led by an Accredited John Maxwell Coach, Trainer and Speaker (mentored by Valorie Burton), our coaching follows the proven Maxwell Method.

Coaching helps you...

- Identify what you truly want and what has been holding you back
- Build confidence and resilience, and quiet the perfectionism

- Set goals with action plans and real accountability
- Communicate and lead with intention, even under pressure

The Maxwell DISC Assessment: a powerful starting point

In about seven minutes, the Maxwell DISC Assessment reveals your personality style, communication patterns and behavioural strengths. It gives you language for how you think, lead and collaborate and it is often the moment clients say, “now everything makes sense.” We offer the report on its own, with a one-to-one debrief, or built into a full coaching package.

Pathway 3: Leadership development - lead yourself first

Most leadership programmes teach you what to do. Ours changes who you believe you are — because the most difficult person you will ever lead is yourself, and once you can do that, leading others becomes possible.

Built for

- Teenagers and students (12–22) — forming leaders before the world shapes them otherwise
- Young professionals — defining their style, strengths and values
- Teams, schools and organisations — building cohesion through shared leadership principles

What participants walk away with

- A clear sense of who they are as a leader — style, strengths and values
- A written personal growth plan they can actually follow
- Tools for communication, conflict and challenge — not just instinct
- A personal vision and mission: where they are going and why it matters

Programmes draw on the John Maxwell methodology, DISC, Working Genius and the Equip Beyond Success course — delivered with 30 years of real leadership experience across three continents.

Five growth principles you can use today

Whichever pathway fits you, these principles are yours to keep. They are the foundation of everything we do.

- **1. Growth is intentional** — Growth never happens by accident. It is intentional. Decide one area to grow in this season — then put it in your calendar, not just your hopes.
- **2. Lead yourself first** — Before you lead a team, a classroom or a career, learn to lead yourself: your habits, your self-talk, your follow-through.

- **3. Self-awareness multiplies effort** — You cannot grow against your own grain. Understand your wiring — how you think, communicate and decide — and work with it.
- **4. Confidence follows action** — Confidence is not a prerequisite for starting; it is a result of starting. Small wins, honestly earned, rebuild belief faster than any pep talk.
- **5. Think in seasons, not days** — An oak does not appear overnight — and neither does a leader, a grade, or a new identity. The goal is to grow so deeply that you begin adding value to the people around you. That is the oak tree. That is the whole point.

Your next step is simple

- 1. Book a free 15-minute call.** No commitment, no pressure. Tell us where you are and what has been hardest.
- 2. Get a tailored plan.** We map the clearest route from where you are to where you want to be — tutoring, coaching, leadership development, or a blend.
- 3. Grow with confidence.** Flexible online sessions, a guide who believes in you, and progress you can see.

About your guide

Jenny Page spent 30 years in educational leadership: co-founding a school and leading it for two decades, training teachers across three continents, and pioneering leadership programmes for young people — including South Africa's first GLS Next Gen student summit. She is a qualified, accredited teacher, an Accredited John Maxwell Coach, Trainer and Speaker, and a certified Maxwell DISC trainer. Her students' results include a Cambridge Learner of the Year award (Environmental Management, 2021) and a 100% pass rate.

Now based in 's-Hertogenbosch, the Netherlands, Jenny works online with students, professionals and organisations around the world. She has partnerships with the Global leadership Network, The Maxwell Group, Beyond Success and the Woman Leaders Alliance.

She wants nothing more than to help individuals and teams become better.

Ready to discover your potential?

Book your free 15-minute call today.

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www.acorntoaktrees.com/contact-us

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LEADERSHIP DEVELOPMENT



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GROW

— LEADING TODAY. MENTORING TOMORROW. GROWING TOGETHER. —



LEAD WITH PURPOSE • INSPIRE WITH IMPACT • GROW WITH OTHERS